

GOINGSON

NEWS, NOTES & NOTICES FOR TRC ALUMS & MEMBERS



Photo: The Rehearsal Club, 1953 • Charlotte Brooks for Look Magazine. Museum of the City of New York.

August 2024

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www.rehearsalclubnyc.com

Kate West, Editor

We've Gone Fishing! *Goings On* Will Return in September



TRC Workshops



Meditation & Mindfulness

Hosted by RC Alum: Michele Mason
Thursdays 2:00 – 3:00 pm EDT

Highly recommended to reduce stress and help to bring you into a state of true Zen.

Meeting ID: 874 7587 4935
Passcode: 376270

Thank you, Michele, for sharing your amazing gift with us every week! This Workshop is a special place to collect, reflect and commune.

[August Zoom Link](#)



The PJ Parties are wonderful for relating our shared history. It is remarkable how some things (i.e. the wall phone, the bulletin board) have stayed the same no matter when one was at the Club. It was truly an advantage that the building was never renovated...it was like it was stopped in time, and we were there! Fascinating!

Our next PJ Party is August 1.
It is a very special event...please come!

Meeting ID: 826 4846 4413
Passcode: 036123

[Join Zoom Meeting](#)



Join **One Hope Wine** on their mission to give back to local and global organizations with 10% of every purchase donated directly to a cause of your choice. With over \$9 million donated to date, they continue to change the world one glass at a time.

Check out One Hope at the link below. You can designate TRC as the recipient of 10% of your purchase by clicking the link at the top of the home page.

One Hope Wine

Goings On Is Now Bi-Monthly

Text submissions should be Microsoft Word documents, 150 words or fewer, and include photos, links and pertinent information. The deadline for the September issue is August 10, 2024.

Please note the new address for newsletter submissions: newslettersinfo@rehearsalclubnyc.com

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